

2017 H&B Rails to Trails Triathlon – May 13th

| | <u>Start</u> | <u>Canoe</u> | <u>TR</u> | <u>RUN</u> | <u>TR</u> | <u>BIKE</u> | <u>TIME</u> |
|--|--------------|--------------|-----------|------------|-----------|--------------|--------------|
| <u>Competitive Male 39-under</u> | | | | | | | |
| 1. Jared Rishel | -6:21 | 22:18 | 2:30 | 0:46.01 | 1:02 | 0:54.17 | 2:06.08 |
| <u>Competitive Male 40+</u> | | | | | | | |
| 1. Michael Judd | -5:39 | 21:11 | 1:10 | 0:38.45 | 0:43 | 0:45.55 | 1:47.44 |
| 2. Michael Sweeny | -5:56 | 20:11 | 0:53 | 0:41.08 | 0:58 | 0:48.53 | 1:52.03 |
| 3. Michael Gentry | -4:09 | 26:13 | 1:55 | 0:43.17 | 1:10 | 0:53.56 | 2:06.31 |
| <u>Competitive Female 39-under</u> | | | | | | | |
| 1. Heather Christiana | -0:59 | 28:18 | 1:43 | 0:41.15 | 1:00 | 1:04.15 | 2:16.31 |
| 2. Erika Olson | -4:46 | 25:09 | 1:51 | 0:56.14 | 2:37 | 1:09.03 | 2:34.54 |
| <u>Recreational Male 39-under</u> | | | | | | | |
| 1. Zachary Conley | -2:22 | 25:24 | 2:58 | 0:38.02 | 0:30 | 0:54.27 | 2:01.21 |
| 2. Jason Fels | -3:24 | 28:41 | 0:33 | 0:42.56 | 0:28 | 1:15.15 | 2:27.53 |
| <u>Recreational Male 40+</u> | | | | | | | |
| 1. Richard Hershberger | -0:00 | 23:53 | 0:56 | 0:56.19 | 0:35 | 1:00.47 | 2:22.30 |
| 2. Robert Smith | -0:22 | 29:20 | 1:20 | 0:57.22 | 1:11 | 1:01.08 | 2:30.21 |
| 3. Gary Shetter | -2:14 | 28:54 | 4:04 | 1:00.24 | 3:42 | 1:04.47 | 2:41.51 |
| 4. Mark Rokoczy | -2:02 | 31:00 | 5:47 | 1:35.00 | 4:09 | 1:09.18 | 2:46.25 |
| 5. Robert Morris | -1:31 | 31:14 | 1:36 | 1:14.19 | 1:37 | 1:18.20 | 3:07.06 |
| <u>Recreational Female 39-under</u> | | | | | | | |
| Sabrina Appel | -2:38 | 29:48 | 3:32 | 1:24.02 | 5:12 | 1:29.26(DNF) | 3:32.00(DNF) |
| <u>Recreational Female 40+</u> | | | | | | | |
| 1. Pamela Hershberger | -0:12 | 25:24 | 1:33 | 0:49.39 | 0:46 | 0:54.39 | 2:12.01 |
| 2. Charity Montag | -3:39 | 27:21 | 1:08 | 0:47.06 | 0:47 | 0:57.22 | 2:13.44 |
| 3. Lori Fabrizio | -0:34 | 30:18 | 1:20 | 1:05.54 | 4:03 | 1:16.42 | 2:59.17 |
| 4. Karen Iseminger | -1:49 | 28:53 | 2:38 | 1:05.10 | 2:57 | 1:19.48 | 2:59.26 |
| 5. Tracey Morris | -1:17 | 30:55 | 2:10 | 1:14.18 | 0:51 | 1:19.06 | 3:07.06 |
| Gretchen Martin | -2:52 | 31:36 | 2:29 | 1:26.43 | 2:32 | 1:28.40(DNF) | 3:32.00(DNF) |
| <u>Coed Teams</u> | | | | | | | |
| 1. Shanda Diehl(C) Laura Porta(R), John Porta(B) | -3:13 | 29:14 | 0:32 | 0:38.46 | 0:11 | 0:54.34 | 2:03.17 |
| Team Spring House Estates #1 | | | | | | | |
| 2. Brandi Gentry(C) Brittany Swartzwelder(R), Nathaniel Barr(B) | -4:26 | 27:32 | 0:25 | 0:44.40 | 0:14 | 1:00.45 | 2:13.36 |
| Team Bedford MLPT | | | | | | | |
| 3. Clay Dodson(C) Shannon Scanlon(R), Joseph Scanlon(B) | -3:52 | 27:50 | 0:38 | 0:45.01 | 0:10 | 1:00.44 | 2:14.23 |
| Team RS MLPT | | | | | | | |
| 4. Allen Kuster(C) Stacey Kusker(R), Linda Brown(B) | -0:49 | 27:23 | 0:50 | 0:48.11 | 0:20 | 1:35.17 | 2:52.01 |
| Team Spring House Estates #2 | | | | | | | |